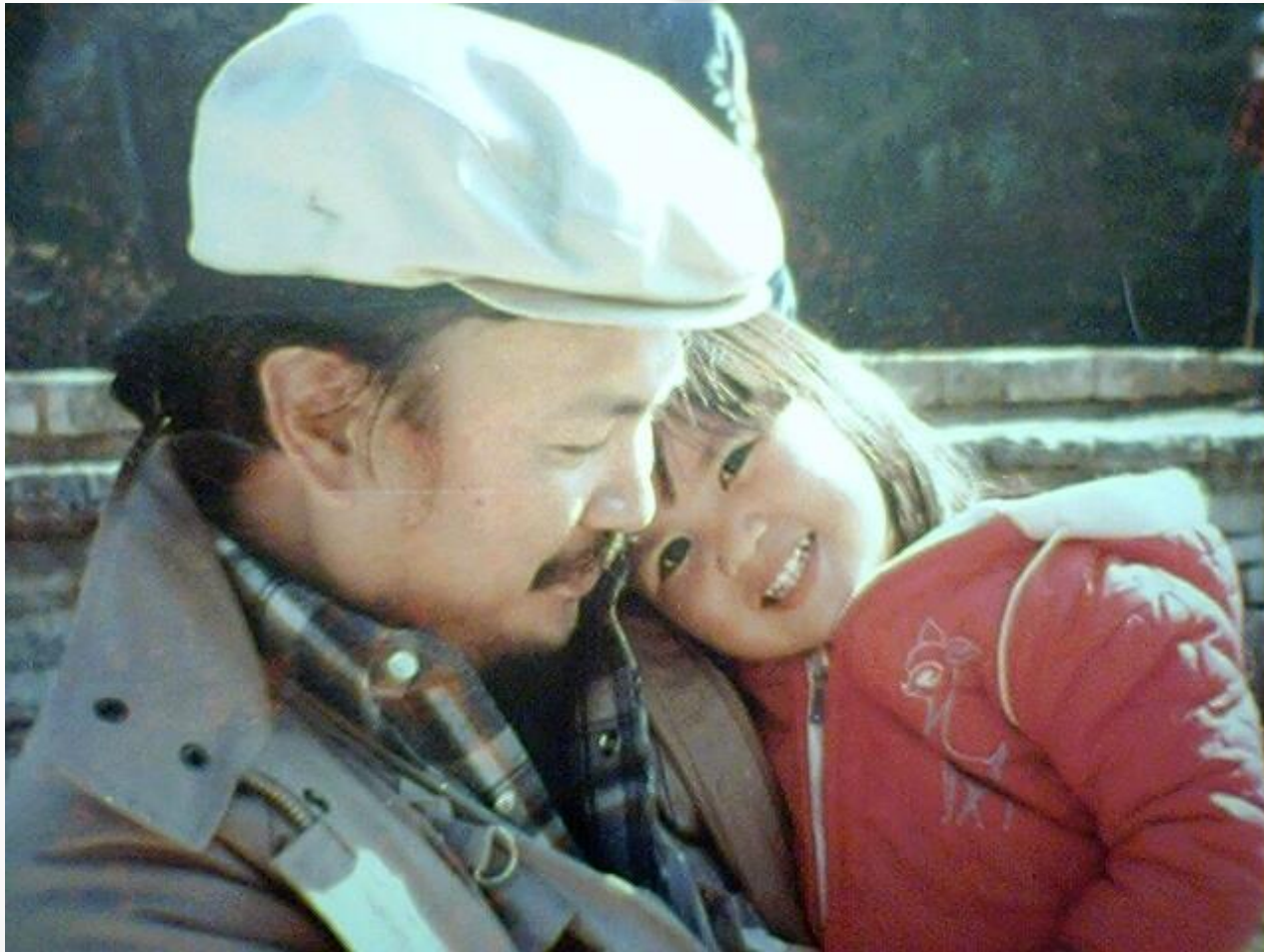


# Rural Medicine in America

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July 2, 2016

# Father-Daughter Duo!



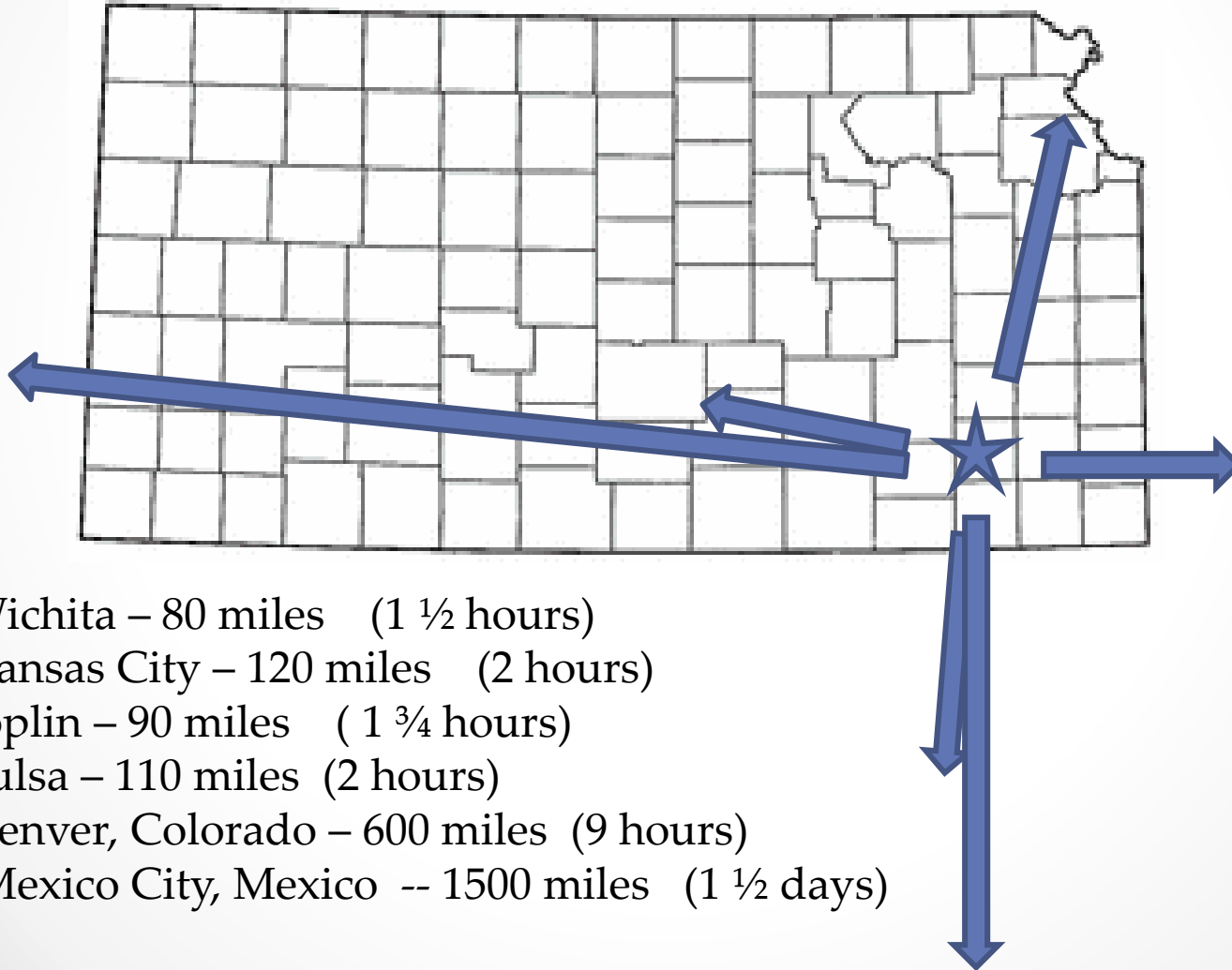
# Father-Daughter Duo!



# Where on Earth is Fredonia?



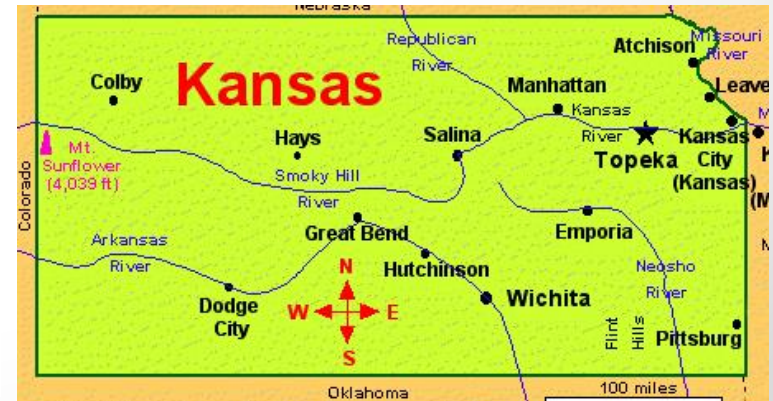
# Fredonia, Kansas



- Wichita – 80 miles (1 ½ hours)
- Kansas City – 120 miles (2 hours)
- Joplin – 90 miles (1 ¾ hours)
- Tulsa – 110 miles (2 hours)
- Denver, Colorado – 600 miles (9 hours)
- Mexico City, Mexico -- 1500 miles (1 ½ days)

# How I ended up in Fredonia

Manila



# My Family



# Kansas!





# Fredonia, Kansas



# What does it mean to be “rural?”

- Approximately 21% of the U.S. population lives in rural areas
- But rural physicians comprise only about 10% of the total number of working physicians in the country
- Research shows a reasonable physician to population ration is 1:1200
- In rural areas, the ratio is closer to 1:2000-3000



# Differences in Rural Healthcare

A National Rural Health Snapshot	Rural	Urban
Percentage of USA Population**	nearly 25%	75% +
Percentage of USA Physicians**	10%	90%
Num. of Specialists per 100,000 population**	40.1	134.1
Population aged 65 and older	18%	15%
Population below the poverty level	14%	11%
Average per capita income	\$19K	\$26K
Population who are non-Hispanic Whites	83%	69%
Adults who describe health status as fair/poor	28%	21%
Adolescents (Aged 12-17) who smoke	19%	11%
Male death rate per 100,000 (Ages 1-24)	80	60
Female death rate per 100,000 (Ages 1-24)	40	30
Population covered by private insurance	64%	69%
Population who are Medicare beneficiaries	23%	20%
Medicare beneficiaries without drug coverage	45%	31%
Medicare spends per capita compared to USA average	85%	106%
Medicare hospital payment-to-cost ratio	90%	100%
Percentage of poor covered by Medicaid	45%	49%

# What is Rural Medicine?

- Rural medicine is exciting!
- Pros
  - You're the doctor!
  - You can truly practice to your maximum ability.
  - You can make changes easily.
  - You really get to know your patients well.
  - You are the livelihood of the hospital and maybe even the town.



# Rural Medicine

- Cons
  - You may be a little farther from Wal-Mart.
  - You have to behave.
  - Grocery store trips take a little longer.
  - You may be the only doctor.
- Pro or con?
  - You might get paid in food and live animals

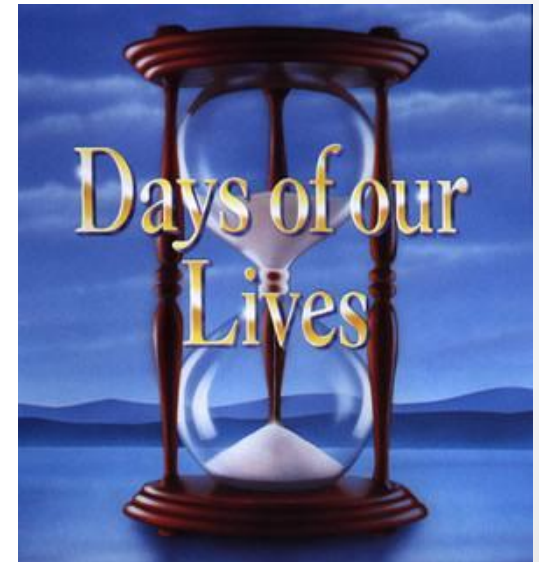


# Fly Fishing



# Days of Our Lives (in Fredonia)

- Inpatient
- Procedures (Endoscopy, Lesion removal, etc)
- Surgeries (Cholecystectomies, mastectomies, etc)
- Clinic
- Emergency Department
- Committees and Medical Staff



# Family Colonoscopy Day





# Surgery and Family Medicine

- General Surgery
- Preventative Medicine
- Women's Health
- Men's Health
- Pediatrics
- Nursing home
- Hospice
- Mental Health
- Diabetes
- Hypertension
- Cancer
- Acute Care



# Bacani / McKenney Clinic



# Fredonia Regional Hospital



# Fredonia Regional Hospital

- 25-Bed Critical Access Hospital
  - Located in a rural area
  - Have emergency care services 24-hours a day, 7 days a week
  - Maintain no more than 25 inpatient beds
  - Have an annual average length of stay of 96 hours or less per patient for acute care.

# Fredonia Regional Hospital

- 5 Physicians
- Services on-site
  - Inpatient Care
  - Emergency Department / EMS
  - Physical Therapy
  - Respiratory Therapy
  - Outpatient services
  - Lab
  - Radiology
  - Surgery

# Father-Daughter Surgery



# Fredonia Regional Hospital

- Observation
- Acute / Inpatient
- Swing bed
  - Provide skilled nursing care.
  - Has CMS approval to provide post-hospital SNF care and meets certain requirements.
  - Medicare Part A (the hospital insurance program) covers post-hospital extended care services furnished in a swing bed hospital.

# Fredonia Regional Hospital

- Monthly Specialty Clinics
  - 2 Cardiologists
  - Orthopedic Surgeon
  - Urologist
  - OB/Gyn
  - Podiatry





# Role of the healthcare in the community



Bed Races



Health Fair



Employer

# Things you might not find in the city...

- Donkey Basketball



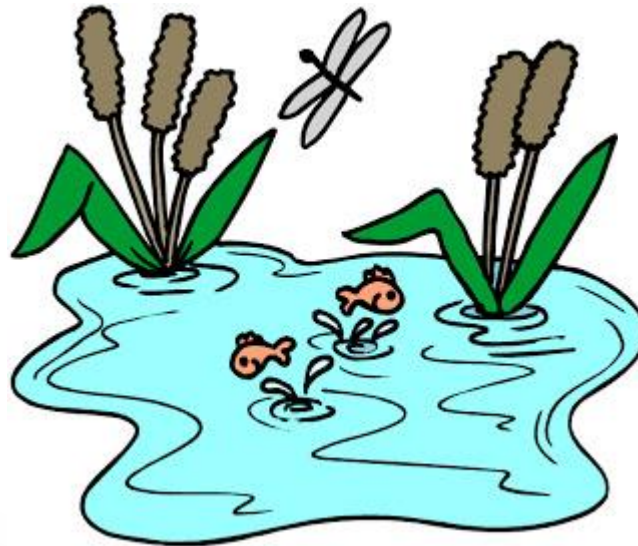
# Things you might not find in the city...

- Copperhead!



# Rural Medicine Roles

- Wilson County Health Officer



# Rural Medicine Roles

- Deputy Sheriff



# Rural Medicine Roles

- High School Football Team Doctor





# Rural Docs Make a Difference!

- Even American hero, former presidential candidates know the importance of rural docs!





# Rural Medicine

- Days are filled with variety and are never boring!
- You're the doctor!
- You can practice to your maximum ability.
- You really get to know your patients well.
- You are the livelihood of the hospital and maybe even the town.
- You can serve in multiple roles in the community.
- It's just plain fun!



# References

- <http://www.ruralhealthweb.org/go/left/about-rural-health/what-s-different-about-rural-health-care>

# Thank You!

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- 620-870-9221
- Thank you to my favorite daughter in the whole, wide world Jen for putting this slide show together! You're way better than all of your siblings!