FACULTY

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Clinical Instructor in Pediatrics
Columbia University

UNIVERSITY OF THE EAST RAMON MAGSAYSAY MEMORIAL MEDICAL CENTER
MEDICAL ALUMNI ASSOCIATION OF AMERICA
and the MIDWEST CHAPTER

CLINICAL CONFERENCE
OBESITY AND CARDIOMETABOLIC SYNDROME

Jointly sponsored with: Philippine Medical Association in Chicago

Friday, July 22, 2011

Chicago Marriott Downtown
540 N. Michigan Avenue
Chicago, Illinois 60611
800-228-9290
312-836-0100
DESCRIPTION OF CONFERENCE

The clinical conference will focus on obesity and the cardio-metabolic syndrome. Obesity has become a global epidemic in children and adults in the United States. Recent NHANES data estimated 66% of adults are either overweight or obese, and 17% of US children and adolescents are overweight. The conference will focus on the impact of obesity on various cardiovascular risk factors: Diabetes Mellitus, Hypertension and Dyslipidemia; and its association with co-morbidities such as coronary artery disease, cerebrovascular disease, renal disease and breathing disorders.

TARGET AUDIENCE
The clinical conference has a broad appeal because it addresses issues that are of interest to the pediatricians, family practitioners, internists, psychiatrists and surgeons.

EDUCATION OBJECTIVES
1. To increase the awareness of the increasing prevalence of obesity in the pediatric and adult population, attaining epidemic proportions.
2. To emphasize the associate of obesity and the cardio-metabolic syndrome with co-morbidities including coronary artery disease, cerebrovascular disease, renal disease and sleep disorders.
3. To emphasize the need to aggressively treat obesity and the components of the cardio-metabolic syndrome to improve clinical outcomes.
4. To discuss the therapeutic approaches in the management of obesity and the cardio-metabolic syndrome to include pharmacotherapy, lifestyle changes, behavioral modification, and in extreme cases, bariatric surgery.

ACCREDITATION

This clinical conference is jointly sponsored with the Philippine Medical Association in Chicago which is accredited by the Accreditation Council for Continuing Medical Education (ACCME). This program meets the criteria for 7 ½ hours in Category I of the Physicians Recognition Award of the American Medical Association.

Friday, July 22, 2011

Marriott Chicago Ballroom – 5th Floor - Salon D

Moderator: Benjamin G. Lumicao, M.D., FACC, FACP (Class 1961)  
Chairman, CME Committee

7:00 – 8:00am  Registration, Continental Breakfast and viewing of exhibits

8:00 – 8:05am  Welcome Address

8:05 – 8:50am  Obesity in the Pediatric Population

Susan Pena – Almazan, M.D.

8:50 – 9:50am  Obesity in Diabetes Mellitus

Jacqueline F. Gamiao, M.D.

9:50 – 10:30am  Neurohumoral Mechanisms in Obesity Associated with Hypertension

Emmanuel L. Bravo, M.D.

10:30 – 11:10am  Obesity and Lipid Problems

Ernesto Chua, M.D.

11:10 – 11:50am  Obstructive Sleep Apnea and Respiratory Problems in Obesity

Michael Gamiao, M.D.

11:50 – 01:10pm  Dr. Jose Cuyegkeng Memorial Lecture

Keynote Speaker: Rogelio Lucas, M.D. (Class 1961)  
Benjamin Rigor, M.D., Presiding

01:10 – 01:50pm  Pharmacotherapy and Behavioral Modifications in Obesity

Ishmael Lee Chuy, M.D.

01:50 – 02:30pm  The Impact of Obesity and the Metabolic Syndrome on Cardiovascular Risks

Nelson Bernardo, M.D.

02:30 – 03:00pm  Coffee Break and Viewing of Exhibits

03:00 – 03:40pm  Bariatric Surgery

Michael Ujiki, M.D.

03:40 – 04:40pm  UERM Young Alumni Development Program (YADP)

Sponsored by the MarVADC Chapter

04:40 – 05:00pm  Questions & Answers